

Hypoglycemia Refusal Checklist

Refusal Checklist for Hypoglycemia:

- If symptoms of hypoglycemia resolve after treatment, release without transport should only be considered if **all** of the following are true:
 - Patient has diagnosis of Type I or Type II Diabetes
 - No apparent disease process other than isolated hypoglycemia
 - Patient has no further complaint (ex. chest pain, vomiting, shortness of breath etc.)
 - Repeat blood sugar is >80 mg/dL (adult) and >60mg/dL (pediatric)
 - Patient takes insulin OR metformin to control diabetes
 - Normal mental status and normal neurological exam
 - Did NOT have a seizure from hypoglycemia
 - Patient can promptly obtain and will eat a meal containing carbohydrates
 - A reliable adult will be staying with the patient.
 - Patient should be instructed to contact their primary healthcare practitioner ASAP to discuss medication regimen.
 - Patient should be instructed to recheck their blood glucose frequently in the following hours.